

# SANDBOX

## VOLLEYBALL CLUB



### Summer 2025 Volley Tots and Instructional Programs

Our Volley Tots Program and Instructional Program are back for 2025! VOLLEYTOTS is designed to introduce volleyball to first-time players, ages 6 to 8, with a focus on developing a LOVE for this awesome sport. Our Instructional Program is for older (ages 9-11), but still less than experienced players (one year or less organized experience). Participants in both programs will get top notch instruction and training on serving, passing, setting, and hitting, while engaging in a variety of mini games geared to allow them to develop those skills while also having LOTS of fun! We have ratios of NO MORE THAN 6:1 in VolleyTots and 8:1 in Instructional so YOUR young athlete gets LOTS of coach attention and instruction! **HOWEVER, THESE PROGRAMS DO FILL UP, SO REGISTER NOW!**

#### PROGRAM DETAILS ...

**WHO:** Girls AND Boys

#### **AGES:**

**VOLLEY TOTS:** ages 6-8

**INSTRUCTIONAL:** ages 9-11

**WHEN:** Program runs 6/5 - 7/31

(No session on July 3)

Every Tuesday and Thursday

**VOLLEY TOTS:** 9:00am-10:25am

**INSTRUCTIONAL:** 10:30am-12:00pm

#### **COST:**

Two sessions/week: \$175/participant

Sign up & pay in full by 4/1 for a free T-shirt!



**JOIN THE CLUB FOR FUN IN THE  
SAND THIS SUMMER!**

For more information, contact:  
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#### OUR PROGRAMS FOCUS ON:

- > Serving > Passing ("bumping")
- > Setting > Hitting ("spiking") > Movement
- > Game Theory > FUN!!!

**VolleyTots and Instructional Registration:**

**[www.sandboxvb.com/juniors](http://www.sandboxvb.com/juniors)**